

**CLAIMS**

1. A bookmark for use with a book, said bookmark comprising :  
a thin, flat, rectangular body having two long and two short edges;  
an indicator or indicators each comprising a thin, flat collar in frictional contact  
5 with the rectangular body wherein the indicator or indicators are  
movable up and down the rectangular body to direct the attention of a reader to  
a particular point or points in a text; and  
a thin, flat, rectangular tab formed by two parallel cuts and a lower cut  
displaceable out of the rectangular body in such a region that the bookmark  
10 may be restrained by hooking it over the top of a page,  
wherein the or each indicator is formed by cutting or punching blanks from sheets  
of material, each blank having two, parallel cuts of such a length that the  
rectangular body may be interlaced with the indicator or indicators and wherein  
each of the two parallel cuts curve inwardly for a short distance near their ends  
15 thus forming bearing surfaces upon which the long edges of the rectangular body  
impinge.
2. A bookmark as claimed in claim 1, wherein the parallel cuts forming  
the two sides of the tab also curve inwardly so that the bookmark rests securely  
on the page selected.